

# EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE



[CLICK HERE TO WATCH THE VIDEO ON YOUTUBE](#)

**BEGINNER'S**

**MINDSET**

**MISHAPS**



Pro-D Education with Louise Anne Maurice

# **WHEN PEOPLE HAVE BEGINNER MINDSET MISHAPS, HOW DOES IT SHOW UP?**

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY**
- 2. WHAT IS THEIR ATTITUDE?**
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?**
- 4. WHAT LANGUAGE ARE THEY USING?**
- 5. DO YOU RECOGNIZE THIS PERSON?**



# WHAT WAS THEIR ATTITUDE LIKE?

- In psychology, an attitude refers to a **set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event**. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

# WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

- Perspective or Point of View – How they SEE everything.

# WHAT LANGUAGE DID THEY USE?

- What words did they use and what meaning did they give those words?

# DID YOU RECOGNIZE THAT PERSON?

- Describe this person

# BEGINNER DEFINITION

## Dictionary

Definitions from [Oxford Languages](#) · [Learn more](#)



be·gin·ner

*/bəˈɡɪnər/*

*noun*

a person just starting to learn a skill or take part in an activity.  
"a beginner's guide"

Similar:

novice

starter

learner

student

pupil

trainee

apprentice





# USE BEHAVIORAL PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

TO SUPPORT BEGINNER'S MINDSET

- 1. How can you use Behavioral Psychology to develop a Changes in Mindset Technique?**
- 2. What Mindset Coaching Questions can you develop?**



# HOW TO USE BEHAVIORAL PSYCHOLOGY TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- **STEP #2** – WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** – WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT BLOCKS TO PRODUCTIVITY?
- **STEP #4** - UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** – FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

# HOW TO USE BEHAVIORAL PSYCHOLOGY TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

- **STEP #1** – REVIEW THE WIKI SITE
- **STEP #2** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** – WHEN THEY DON'T HAVE A BEGINNER'S MINDSET, WHAT PRODUCTIVITY CHALLENGES DO THEY EXPERIENCE?
- **STEP #4** – WHEN THEY DO HAVE A BEGINNER'S MINDSET, WHAT PRODUCTIVITY BENEFITS WILL THEY EXPERIENCE?
- **STEP #5** – TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

If you want in-depth Beginner's Mindset Training + Done-For-You E.I. Brainstorming Techniques + Ready-To-Use Beginner's Mindset Questions for Improved Personal Productivity, then click on the title to learn more about [Personal Productivity Life Coach Certification Training](#)



- "Personal Productivity Life coach course is both practical and methodical in the way you approach and coach your clients. Louise distills down the real causes of the emotional drama in your client's life. The straightforward and simple step-by-step guidelines empower your client by helping them to realize they hold all that they need to achieve their goals."



VISIT FOR FREE RESOURCES AND IN-DEPTH COACHING TRAINING COURSES

Home

Free

Courses

Books

Reviews

About

# Learn with Louise

## LouiseAnneMaurice.Com

How To Be Happy In Life by Louise Anne ...

Watch later Share

Empowerment Expert

LOUISE ANNE MAURICE

### In Life

Benchmark	Value
Benchmark 1	10
Benchmark 2	20
Benchmark 3	30
Benchmark 4	40
Benchmark 5	50

Free Training

[SUBSCRIBE](#) TO LOUISE ANNE MAURICE'S CHANNEL ON YOUTUBE SO YOU ARE NOTIFIED WHEN A NEW TUTORIAL VIDEO AND FREE PDF IS ADDED