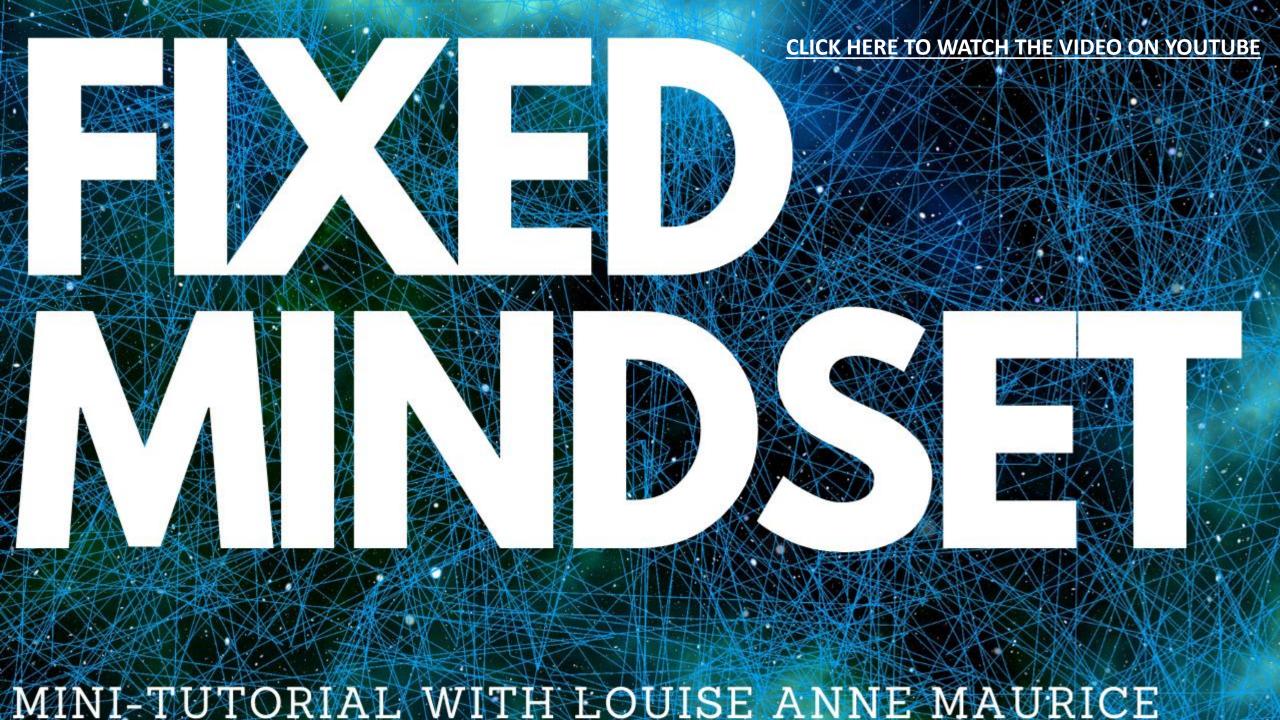
EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE



LouiseAnneMaurice.Com





WHEN PEOPLE HAVE FIXED MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY
- 2. WHAT IS THEIR ATTITUDE?
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?
- 4. WHAT LANGUAGE ARE THEY USING?
- 5. DO YOU RECOGNIZE THIS PERSON?



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WHAT WAS THEIR ATTITUDE LIKE?

 In psychology, an attitude refers to a set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

Perspective or Point of View – How they SEE everything.

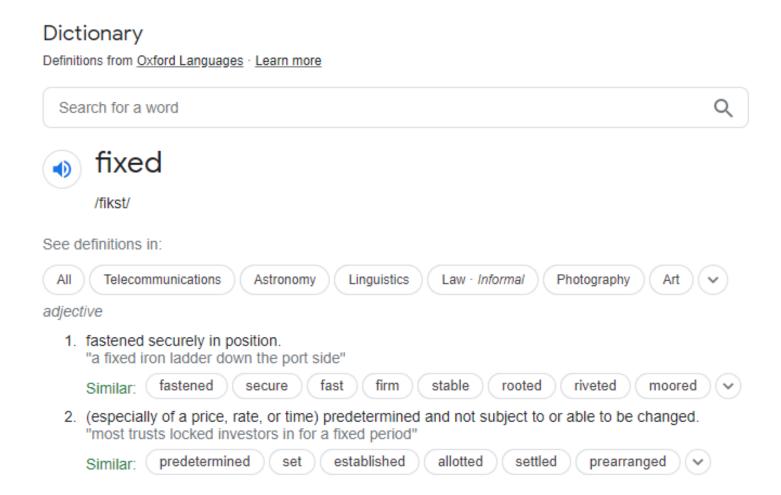
WHAT LANGUAGE DID THEY USE?

 What words did they use and what meaning did they give those words?

DID YOU RECOGNIZE THAT PERSON?

Describe this person

FIXED DEFINITION

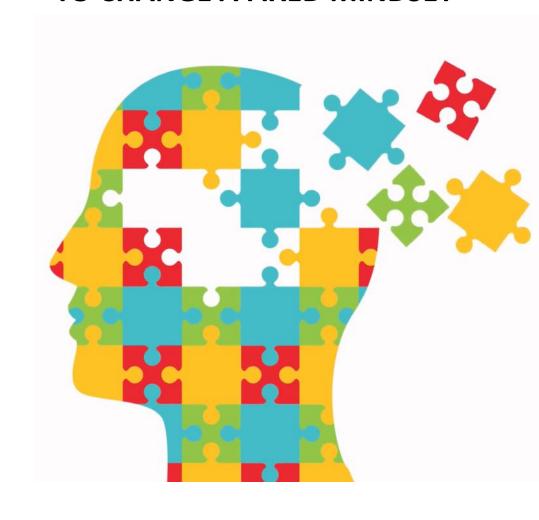


USE COLOR PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

- 1. How can you use Color Psychology to develop a Changes in Mindset Technique.
- 2. What Mindset Coaching Questions can you develop?

TO CHANGE A FIXED MINDSET



HOW TO USE <u>COLOR PSYCHOLOGY</u> TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- STEP #2 WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT SELF-EMPOWERMENT BLOCKS?
- STEP #4 UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

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HOW TO USE <u>COLOR PSYCHOLOGY</u> TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

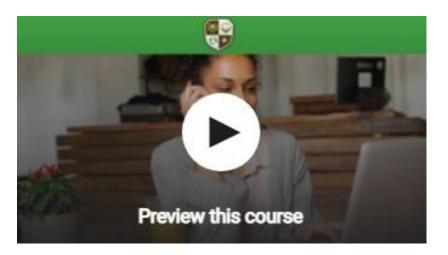
- STEP #1 REVIEW THE WIKI SITE
- STEP #2 THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** WHEN THEY DON'T HAVE A FIXED MINDSET, WHAT SELF-EMPOWERMENT BENEFITS DO THEY EXPERIENCE?
- **STEP #4** WHEN THEY DO HAVE A FIXED MINDSET, WHAT SELF-EMPOWERMENT CHALLENGES WILL THEY EXPERIENCE?
- **STEP #5** TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

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If you want in-depth Fixed Mindset Solutions + Done-For-You L.O.A Techniques + Ready-To-Use Coaching Questions for an Empowered Growth Mindset, then click on the title to learn more about Self-Empowerment Life Coach Certification Training



"I greatly appreciate Louise Ann Maurice's creativity and guidance training in adapting a
coaching methodology that has proven results. Upon applying what you learn, you will
notice how smoothly and effortlessly your session will flow with your clients. Your
achievements will be measurable. I am confident that you will also experience a sense of
accomplishment every time a client walks out of your office. If you have decided to take
this course, then I congratulate you because this course will help you to decide what
fuels your passion."



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