EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE



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HOW TO LEAD/COACH

SCARCITY MINDSETS

CLICK HERE TO WATCH THE VIDEO ON YOUTUBE

Louise Anne Maurice

WHEN PEOPLE HAVE SCARCITY MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY
- 2. WHAT IS THEIR ATTITUDE?
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?
- 4. WHAT LANGUAGE ARE THEY USING?
- 5. DO YOU RECOGNIZE THIS PERSON?



WHAT WAS THEIR ATTITUDE LIKE?

 In psychology, an attitude refers to a set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

• Perspective or Point of View – How they SEE everything.

WHAT LANGUAGE DID THEY USE?

• What words did they use and what meaning did they give those words?

DID YOU RECOGNIZE THAT PERSON?

• Describe this person

SCARCITY DEFINITION

Dictionary

Search for a word

Q

🜒 scar	·ci·ty
/ˈskersəd	ē/
noun	
the state of be "a time of sca	eing scarce or in short supply; shortage. rcity"
Similar: sho	ortage dearth lack want undersupply insufficiency paucity v

Definitions from Oxford Languages

Feedback

USE ORGANIZATIONAL PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

1. How can you use Organizational Psychology to develop a Changes in Mindset Technique.

2. What Mindset Coaching Questions can you develop?

TO CHANGE A SCARCITY MINDSET



HOW TO USE <u>ORGANIZATIONAL PSYCHOLOGY</u> TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- **STEP #2** WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT TIME MANAGEMENT BLOCKS?
- **STEP #4** UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

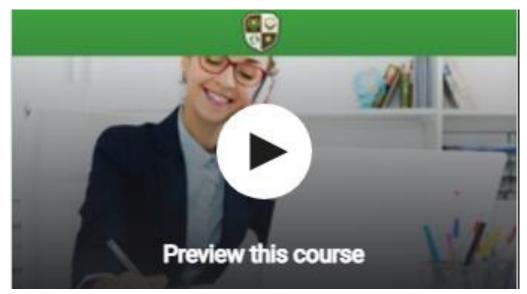
HOW TO USE <u>ORGANIZATIONAL PSYCHOLOGY</u> TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

- **STEP #1** REVIEW THE WIKI SITE
- **STEP #2** THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** WHEN THEY DON'T HAVE A SCARCITY MINDSET, WHAT TIME MANAGEMENT BENEFITS DO THEY EXPERIENCE?
- **STEP #4** WHEN THEY DO HAVE A SCARCITY MINDSET, WHAT TIME MANAGEMENT CHALLENGES WILL THEY EXPERIENCE?
- **STEP #5** TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

If you want in-depth Scarcity Mindset Solutions + Done-For-You Planning Techniques + Ready-To-Use Mindset Questions for Improved Time Management, then click on the title to learn more about **Time Management Life Coach Certification Training**



- "This course is awesome! The knowledge that I am learning to help my clients achieve their goals is life-changing. Thank you!"
- "As we go through the process of the full course, I find myself more and more impressed with Louise's knowledge base. I am applying what I've taken from this course into my own fieldwork and seeing amazing results!"



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