

EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE





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HOW TO LEAD/COACH

**STRONG
MINDSETS**



WITH LOUISE ANNE MAURICE



WHEN PEOPLE HAVE STRONG MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY**
- 2. WHAT IS THEIR ATTITUDE?**
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?**
- 4. WHAT LANGUAGE ARE THEY USING?**
- 5. DO YOU RECOGNIZE THIS PERSON?**



WHAT WAS THEIR ATTITUDE LIKE?

- In psychology, an attitude refers to a **set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event**. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

- Perspective or Point of View – How they SEE everything.

WHAT LANGUAGE DID THEY USE?

- What words did they use and what meaning did they give those words?

DID YOU RECOGNIZE THAT PERSON?

- Describe this person

STRONG DEFINITION

Dictionary

Definitions from [Oxford Languages](#) · [Learn more](#)

Search for a word



strong

/strôNG/

See definitions in:

All

Commerce

Stock Exchange

Alcoholic

Chemistry

Grammar

Physics

adjective

1. having the power to move heavy weights or perform other physically demanding tasks.
"she cut through the water with her strong arms"

Similar:

powerful

muscular

brawny

well built

powerfully built

strapping



2. able to withstand great force or pressure.
"cotton is strong, hard-wearing, and easy to handle"

Similar:

secure

well built

indestructible

well fortified

well defended



USE PERSONALITY PSYCHOLOGY

EMPOWERED MINDSET SOLUTIONS

TO SUPPORT A STRONG MINDSET

- 1. How can you use Personality Psychology to develop a Changes in Mindset Technique.**
- 2. What Mindset Coaching Questions can you develop?**



HOW TO USE PERSONALITY PSYCHOLOGY TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- **STEP #2** – WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** – WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT MINDSET BLOCKS?
- **STEP #4** - UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** – FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

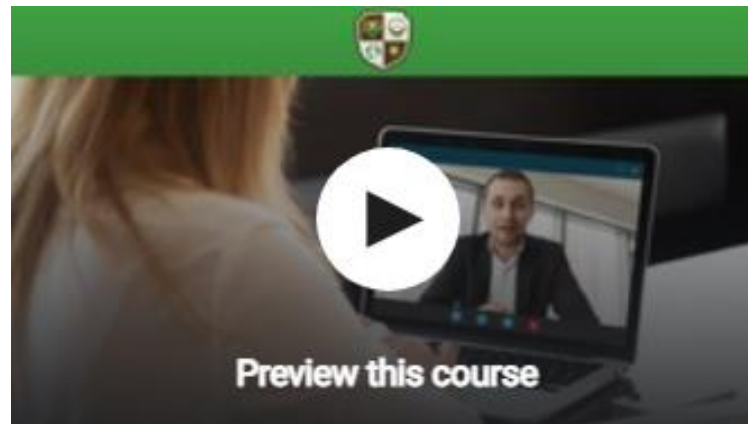
HOW TO USE PERSONALITY PSYCHOLOGY TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

- **STEP #1** – REVIEW THE WIKI SITE
- **STEP #2** – THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** – WHEN THEY DON'T HAVE A STRONG MINDSET, WHAT CHALLENGES DO THEY EXPERIENCE?
- **STEP #4** – WHEN THEY DO HAVE A STRONG MINDSET, WHAT BENEFITS WILL THEY EXPERIENCE?
- **STEP #5** – TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

If you want in-depth Strong Mindset Solutions + Done-For-You E.F.T Techniques + Ready-To-Use Coaching Questions for an Improved Mindset, then click on the title to learn more about [Mindset Life Coach Certification Training](#)



- "The course is very informative and the contents are rich with most of the aspects of mindset and improving it, been covered adequately with clarity and good examples. Expert Instructor Louise Anne Maurice has so diligently and with immense dedication conducted the whole course, it's amazing and commendable. A very comprehensive and perfectly designed module and one of the best course for getting inputs on Mindset Life Coaching. Thanks."



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In Life

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Free Training

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