EMPOWERED MINDSET COACHING MINI-TUTORIAL VIDEO TRAINING SERIES WITH LOUISE ANNE MAURICE



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WHEN PEOPLE HAVE SUCCESS MINDSET MISHAPS, HOW DOES IT SHOW UP?

- 1. LISTEN TO THE DETAILS OF THE CASE-STUDY
- 2. WHAT IS THEIR ATTITUDE?
- 3. WHAT IS THEIR POINT OF VIEW OR PERSPECTIVE?
- 4. WHAT LANGUAGE ARE THEY USING?
- 5. DO YOU RECOGNIZE THIS PERSON?



WHAT WAS THEIR ATTITUDE LIKE?

 In psychology, an attitude refers to a set of emotions, beliefs, and behaviors toward a particular object, person, thing, or event. Attitudes are often the result of experience or upbringing, and they can have a powerful influence over behavior.

WHAT WAS THEIR POINT OF VIEW OR PERSPECTIVE?

• Perspective or Point of View – How they SEE everything.

WHAT LANGUAGE DID THEY USE?

• What words did they use and what meaning did they give those words?

DID YOU RECOGNIZE THAT PERSON?

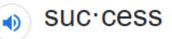
• Describe this person



Dictionary

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/sək'ses/

noun

- the accomplishment of an aim or purpose. "there is a thin line between success and failure"
- 2. ARCHAIC

the good or bad outcome of an undertaking. "the good or ill success of their maritime enterprises"

Feedback

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USE <u>DEVELOPMENTAL PSYCHOLOGY</u>

EMPOWERED MINDSET SOLUTIONS

TO SUPPORT SUCCESS MINDSET

1. How can you use **Developmental Psychology** to develop a Changes in **Mindset Technique?** 2. What Mindset Coaching **Questions can you develop?**



HOW TO USE <u>DEVELOPMENTAL PSYCHOLOGY</u> TO DEVELOP MINDSET COACHING QUESTIONS

- **STEP #1** THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD. WHAT GOALS DO THEY WANT TO ACHIEVE?
- **STEP #2** WITH THIS INSIGHT, REVIEW THE WIKI SITE
- **STEP #3** WHAT APPROACH PROVIDES A STARTING PLACE TO PROVIDE A DEEPER AWARENESS ABOUT BLOCKS TO PERSONAL SUCCESS?
- **STEP #4** UNRAVEL THIS APPROACH AND FOCUS ON ONE ASPECT THAT COULD BE THE NEXT STEP TO DEEPER AWARENESS.
- **STEP #5** FROM THIS INSIGHT, DEVELOP 2 QUESTIONS; THE FIRST TO START THE SESSION AND THE SECOND TO MOVE INTO USING THE TECHNIQUE.

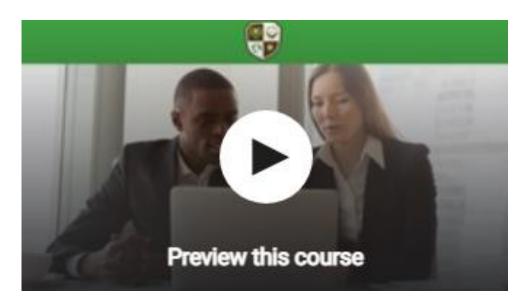
HOW TO USE <u>DEVELOPMENTAL PSYCHOLOGY</u> TO DEVELOP A CHANGES IN MINDSET TECHNIQUE

- **STEP #1** REVIEW THE WIKI SITE
- **STEP #2** THINK ABOUT THE PEOPLE YOU COACH, CONSULT OR LEAD
- **STEP #3** WHEN THEY DON'T HAVE A SUCCESS MINDSET, WHAT PERSONAL SUCCESS CHALLENGES DO THEY EXPERIENCE?
- **STEP #4** WHEN THEY DO HAVE A SUCCESS MINDSET, WHAT PERSONAL SUCCESS BENEFITS WILL THEY EXPERIENCE?
- STEP #5 TAKE ONE OF THE THEORIES AND ADAPT TO DEVELOP YOUR UNIQUE TECHNIQUE TO ADDRESS THE CHALLENGE OR SUPPORT THE BENEFIT.

If you want in-depth Success Mindset Training + Done-For-You Visualization Techniques + Ready-To-Use Success Mindset Questions for Improved Personal Success, then click on the title to learn more about <u>Personal Success Life Coach Certification Training</u>



 "As all your courses, I love this and I am enjoying it! It is really interesting for me to see the different ways to understand a client. I know some of the information but I am learning a lot. I will take time to study all the information again. Even though its easy to learn, it will give me the opportunity to make me a better person and a better coach."



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