



Develop a KWL chart or simply journal as you respond to the following:

I KNOW I FOLLOWED MY MISSION BECAUSE-

I KNOW I DIDN'T FOLLOW MY MISSION BECAUSE -

WHAT ADJUSTMENTS DID I MAKE? WHAT AVOIDANCE DID I CREATE?

WHAT DID I LEARN?

HOW WILL I USE THAT KNOWLEDGE THIS COMING YEAR?



How can you expand your inner world so that your outer world reflects back to you the best version of you this coming year?

Subscribe to the [Louise Anne Maurice YouTube Channel](#) for the upcoming Empowered You Series.